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Cs



of



Cultural Dance

ABCS OF CULTURAL DANCE

GLOSSARY

ANGRAKHA	Kathak (Indian Classical Dance) Costume
BHANGRA SHOULDERS	Indian folk dance from Punjab
CHA CHA	Cuban dance style
DJOLE	West African dance
ER HU	Chinese instrument
FILA	Party move in Hip Hop dance
GHUNGROO	Ankle bells used in Indian classical dance
HUANG SHOU	Chinese dance move
ISOLATIONS	Moving one part of the body at a time
JIGGY	Dancehall (a Jamaican dance style) move
KAO	Chinese dance move (leaning)
LAMBAN	West African dance
MUDRAS	Hand gestures used in Indian classical dance
NOODLE BREAK	A fun way to get the sillies out!!!
OUT AND BAD	Dancehall move
PALTA	Kathak move
QI PAO	Chinese dress
REGGAETON	Latin dance style
SHIVA	Lord of the dance in Hinduism
TAAL	Rhythmic cycle in Indian classical dance
URKLE	Dancehall move
VERY TIRED	The way we feel after lots of dancing!!!
WOAH	Hip Hop dance move
XIAO WU HUA	Chinese dance move
YANKADI-MAKRU	West African dance
ZANKU	Afrobeats move

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